



2017 Annual Report

# Saint Dominic's Family Services

Empowering People, Preserving Families,  
Inspiring Hope Since 1878





# Saint Dominic's Family Services

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Inspiring Hope Since 1878

Dear Friends,

This was an important year of self-assessment and planning for Saint Dominic's Family Services. And one in which we accomplished many critical initiatives to strengthen and preserve our services for future generations in need, including:

- The adoption of a new four-year strategic plan to evaluate our core competencies, proactively plan for service impacts and improve infrastructure to meet new demands
- Re-awarded the Council on Accreditation's national, four-year recognition of excellence in the field of human services
- Implemented Medicaid Managed Care service reforms and expanded related service opportunities and partnerships
- Rebranded the organization to modernize its identity and improve service awareness

After careful reflection of our past, Saint Dominic's Family Services is well-positioned to face the future of service delivery. We are ready and able to continue our promise to provide the highest quality of care to those most in need.



Respectfully,

*Judith D. Kydon*

Judith D. Kydon, M.A., M.Ed.  
President & CEO





## Same Commitment, New Name

Saint Dominic's Home is now **Saint Dominic's Family Services**. In 2017, the organization underwent rebranding efforts to update its name, tagline, mission and vision statements, and logo. While holding onto our founding values, the new name more accurately reflects the vast array of family-focused services offered. The tagline is also more descriptive of the goals of the services provided: Empowering People, Preserving Families and Inspiring Hope since 1878.

**Our Mission** - Saint Dominic's Family Services empowers children, adults, and families facing challenges to thrive in their communities by addressing their needs with compassion, dignity, and care.

**Our Vision** - To enable those we serve to achieve their highest potential and live the most independent, stable and fulfilling lives possible.



# Foster Care & Prevention

The goal of our Family Foster Care program is to bring stability to the lives of children who have survived neglect, abuse or abandonment. Every effort is made to reunite families where possible, or to find loving and supportive foster families when not. The Family Foster Care program also includes essential health and mental health services to assist children with varying levels of need. Family Connections Preventive Services are designed to strengthen families and keep children safe by working on change-focused interventions to overcome the challenges that threaten their ability to stay together.

**440**

Children in Foster Care

**112**

Reunifications with  
Parents or Family

**24**

Adoptions

**84**

Families in  
Preventive Services



# Developmental Disabilities

We provide a home for individuals with developmental disabilities, from young adults to seniors, in the most inclusive settings possible. Our residential programs provide 24-hour care and work with each person to develop skills to reach their fullest potential. Day Habilitation and residential programs offer an array of learning activities and community outings to further individuals' abilities at their own pace. Various person-centered activities include: independent living skills, job skills, volunteerism, recreation, exercise, and arts. Service Coordination is also available to assist those in our residences and at home in the community.

151  
In Residential  
Programs

42  
In Day Habilitation

148  
Provided  
Service Coordination





# Children's Care Coordination

Our Children's Care Coordination programs help children aged 5 to 21 manage serious emotional disturbance or behavioral disorders at home with their families. Case management services enable children to be cared for in the community, avoiding hospitalization and residential treatment. Our programs work intensely with the child and their family, as well as teachers and other professionals, to tailor the supports and services necessary for the child to recover and succeed. We are proud to be the largest provider of Waiver Case Management services in New York State. We are also one of the largest Targeted Case Management programs in the State, doubling our capacity in 2017.

1,111

Children and Families  
in Care Coordination

# Adult Mental Health

Our Adult Mental Health programs help those challenged by mental illness to live in the most independent community settings possible. Individuals in our Community Residences are assisted in group housing with counseling in medication management and other life skills to maintain good mental health and avoid hospitalizations. The Supported Housing program allows individuals to live in their own homes in the community, with services as needed. This year, we were able to increase the number served with the addition of five new residential placement opportunities in our Supported Housing program.

**54**  
In Community  
Residences

**52**  
In Supported Housing





## Therapeutic Preschool & Pre-K

Our Therapeutic Preschool and two Pre-Kindergarten (Pre-K) programs help children in high-need communities in the Bronx prepare for school and beyond. The therapeutic classes provide a full range of educational and clinical services to children with special needs aged 2.7 to 5 years. The Pre-K programs are full-day for children aged 3 to 5 and include family engagement activities that support children's learning and school readiness. We also operate an evaluation center for children who may be in need of special education services.

49

In Therapeutic Preschool

96

In Pre-Kindergarten

66

Evaluated in Special Education Center



## Therapeutic K-12 School

St. Dominic's School is a Therapeutic Kindergarten-12<sup>th</sup> grade school dedicated to meeting the academic and social-emotional needs of extraordinary children. The school serves a diverse population of students with autism, neurological impairments and other disabilities who need a higher level of care than a traditional public school can provide. High school students working on their Skills and Achievement Commencement Credentials participate in an employment training program to provide them with hands-on experience to prepare for life after graduation. We were very pleased to be able to increase the school's capacity by 20% in 2017.

112  
Children Served

21  
Received  
Employment  
Training

Children, families  
and adults served:

**2,131**

# OUR IMPACT

WE ARE HOME TO  
**257**  
INDIVIDUALS



**96%**  
discharged from  
Foster Care were  
reunited with birth  
parents or relatives,  
or adopted

**151**



individuals with  
developmental  
disabilities were  
provided a home and  
support in the most  
inclusive settings

**57%**



of children receiving therapeutic preschool went on to less restrictive programs

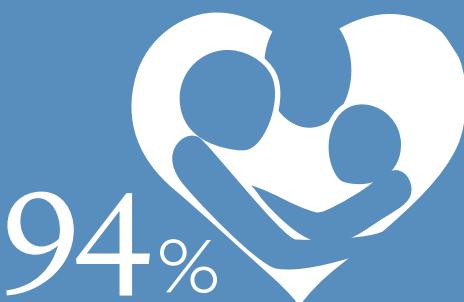
**100%** of  
Supported Housing  
residents maintained  
stable housing



**43** individuals with  
developmental disabilities  
engaged in volunteerism,  
employment and education/  
vocational activities

**89%** of adults in our  
mental health programs  
avoided hospitalization

**811** Children received  
mental health  
support at  
home, reducing  
hospitalization



**94%**  
of families in Preventive  
Services overcame  
challenges and stayed  
together

**100%**  
of high school  
students  
participated in  
employment  
training



# Financials

Fiscal Year January 1, 2017 through December 31, 2017

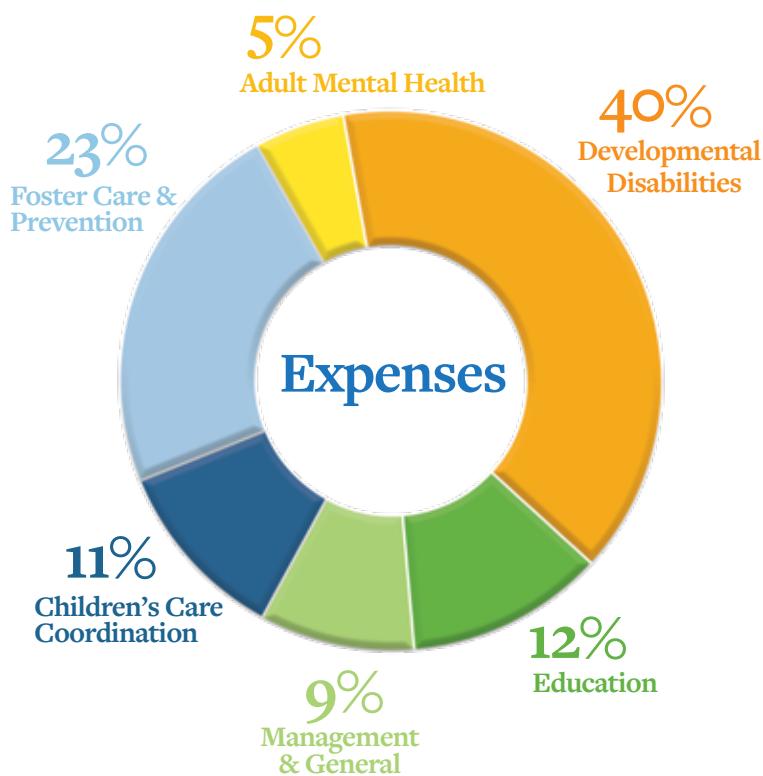
## Revenue and Support

Government Grants, Contracts & Support	\$51,569,568
Private Grants, Contributions & Support	\$1,167,157
<b>Total Revenue and Support</b>	<b>\$52,736,725</b>

## Expenses

Children's Care Coordination	\$5,765,948
Foster Care and Prevention	\$11,968,702
Adult Mental Health	\$2,842,646
Developmental Disabilities	\$20,753,033
Education	\$6,220,412
Management & General	\$4,856,029
<b>Total Expenses</b>	<b>\$52,406,770</b>

<b>Total Change in Net Assets</b>	<b>\$329,955</b>
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Photography by Andreas Kuehn

## Give the gift of a better life.

Help us to continue our work of empowering people, preserving families and inspiring hope  
by making a donation at [www.sdfs.org](http://www.sdfs.org) or call 845.359.3400



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Inspiring Hope Since 1878

500 Western Highway  
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StDominicsFamilyServices



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