

2019

Annual Report

Inspiring Hope



Saint Dominic's
Family Services

Empowering People, Preserving Families,
Inspiring Hope Since 1878



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Our Mission

Saint Dominic's Family Services empowers children, adults, and families facing challenges to thrive in their communities by addressing their needs with compassion, dignity, and care.



Our Vision

To enable those we serve to achieve their highest potential and live the most independent, stable and fulfilling lives possible.



Saint Dominic's Family Services is proud to continue its support to those in need throughout the Bronx and lower Hudson Valley. It is also such a pleasure to witness the incredible dedication and compassion provided by our staff to those we serve and the positive outcomes that follow.

Our goal is to help every individual we serve to reach their fullest potential by addressing their unique needs. We are pleased to accomplish this in the most compassionate and least restrictive community-based settings possible by providing cost-effective care and avoiding more traumatic experiences.

Through funding and the generous support of our donors, our multi-faceted agency meets the challenges faced by those individuals we serve by providing family-focused care through empowering people, preserving families and inspiring hope.

We are pleased to share our 2019 Annual Report which highlights some of our accomplishments and fiscal stewardship in 2019.

Respectfully,

Judith D. Kydon

Judith D. Kydon, M.A., M.Ed.
President & CEO





2,307
SERVED IN 2019

116 CHILDREN IN THERAPEUTIC K-12 SCHOOL

418 CHILDREN ARE IN FOSTER CARE AND FAMILY SEPARATION PREVENTION PROGRAMS

99 ADULTS IN OUR MENTAL HEALTH PROGRAM LIVE IN OUR COMMUNITY RESIDENCES/
SUPPORTED HOUSING

137 CHILDREN IN PRESCHOOL

150 PEOPLE WITH DEVELOPMENTAL DISABILITIES ARE IN OUR RESIDENTIAL PROGRAMS
AND PARTICIPATE IN DAY HABILITATION ACTIVITIES

1,387 CHILDREN ARE HELPED TO MANAGE EMOTIONAL OR BEHAVIORAL DISORDERS
IN OUR CHILDREN'S MENTAL HEALTH PROGRAMS

Foster Care & Prevention



Our Family Foster Care program provides an opportunity to bring stability to the lives of children who have survived neglect, abuse or abandonment. We will always put the wellbeing of the child first as we navigate through each unique case. Ideally, our objective is to reunite families, but ultimately, having a loving and supportive family - biological or foster - is of most importance. Family Foster Care is extremely complex. That's why we also provide essential health and mental health services to assist children with varying levels of need. Our program is also designed to strengthen families and keep children safe by working on change-focused interventions to overcome the challenges that threaten their ability to stay together.



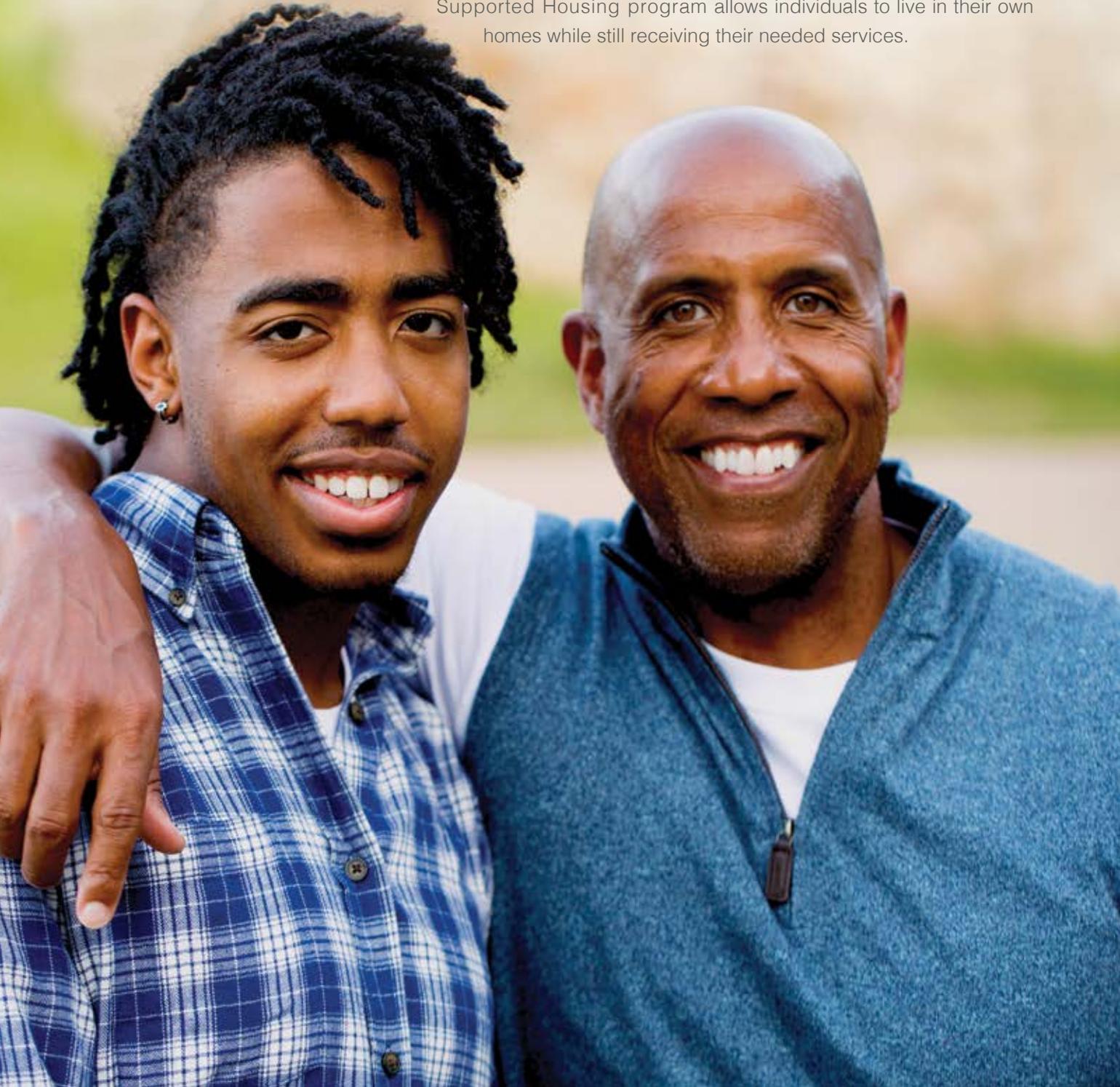
Developmental Disabilities

Saint Dominic's Family Services has a long history of providing homes for individuals with developmental disabilities, from young adults to seniors, in the most inclusive settings possible. Our residential programs provide 24-hour care and work with each person to develop skills to reach their fullest potential. We believe everyone deserves dignity and self-respect and is provided the safety and assurance to live a healthy and productive life. Day Habilitation and residential programs offer an array of learning activities and community outings to further an individuals' abilities and develop independence. Various person-centered activities include: independent living skills, horticulture, job skills, volunteerism, recreation, exercise and arts.



• • • Adult Mental Health

Our Adult Mental Health programs provide care and support to help those adults who are challenged by mental illness. Our goal is to give them the ability to live in the most independent community setting possible. Individuals in our Community Residences are assisted in group housing with access to counseling, medication management and a variety of life skills to maintain positive mental health and avoid hospitalization. The Supported Housing program allows individuals to live in their own homes while still receiving their needed services.





• Children's Care Coordination

- • • Our Children's Care Coordination programs help children ages 5 to 21 manage serious emotional and behavioral disorders in the comfort of their homes. Case management services enable children to be cared for in their community with the goal of avoiding hospitalization or residential treatment. Our programs work intensively with the child and their family, as well as the child's teacher(s) and other related professionals, to tailor the support and services necessary for the child to recover and succeed.



Therapeutic K-12 School

At St. Dominic's School, we provide the educational foundation for children with social-emotional needs and other conditions such as autism, neurological impairments and learning disabilities to reach their greatest potential. Our therapeutic school serves a diverse population of students who need a higher level of care than what is provided by a traditional public school. High school students working on their Skills and Achievement Commencement Credentials participate in an employment training program to provide them with hands-on experience to prepare them for life after graduation.



Therapeutic Preschool

Early education makes a big difference in how a child performs throughout their elementary and secondary years. Without it, they often begin at a disadvantage and track behind their peers who have had it. This is particularly the case in high-need neighborhoods. Our Therapeutic Preschool program helps children in the Bronx prepare for school and beyond. The therapeutic classes provide a full range of educational and clinical services to children with special needs ages 2.7 to 5 years. The program is full-day and includes family engagement activities that support a child's learning and school readiness. We also operate an evaluation center for children who may be in need of special education services.



Financials January 1, 2019 through December 31, 2019

Through our fiscally responsible oversight, Saint Dominic's Family Services provides the best quality services possible to those in our care so they may flourish and reach their greatest potential.

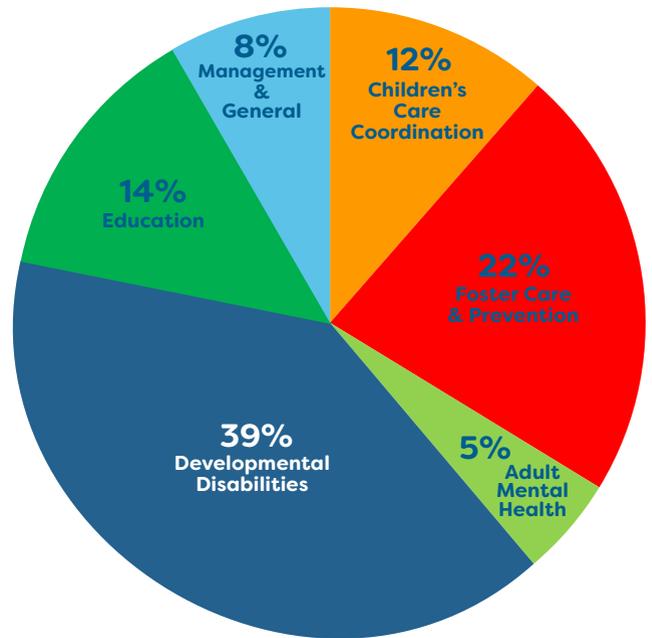
Revenue and Support

Government Grants, Contracts & Support	\$56,287,905
Private Grants, Contributions & Support	\$1,022,303
Total Revenue and Support	\$57,310,208

Expenses

Children's Care Coordination	\$6,576,369
Foster Care and Prevention	\$12,812,457
Adult Mental Health	\$2,930,930
Developmental Disabilities	\$22,604,825
Education	\$7,759,255
Management & General	\$4,795,121
Total Expenses	\$57,478,957

Total Change in Net Assets **-\$168,749**





Give the gift of a better life.

Help us to continue our work of
empowering people,
preserving families and inspiring hope
by making a donation at
www.sdfs.org or call 845.359.3400

2019
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Mrs. Judith D. Kydon (Non-voting)



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