



## Saint Dominic's Family Services

Empowering People, Preserving Families,  
Inspiring Hope Since 1878

The main offices of Saint Dominic's Family Services, St. Dominic's School, and Friends of Saint Dominic's are located in Blauvelt, NY, on Western Highway. We also have service locations throughout Rockland and Orange Counties, and the Bronx.



### SERVICE MAP



## Saint Dominic's Family Services

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**845.359.3400**  
**<https://www.sdfs.org>**



# DEVELOPMENTAL DISABILITIES

# The Programs

- INDIVIDUALIZED RESIDENTIAL ALTERNATIVES
- COMMUNITY HABILITATION PROGRAM
- GROUP DAY HABILITATION



## Individualized Residential Alternatives

Individual Residential Alternatives are community-based residential homes that provide family-like care and compassion. They are designed to enable individuals to become more independent and community integrated while empowering them to live their best lives with the necessary supports.

## Community Habilitation Program

Community Habilitation provides training and assistance in skill building, recreation, socialization, fitness, and soft skills. Community Habilitation Services provide an individualized community habilitation plan to assist individuals in developing independent living, recreation, socialization, and other life skills. Staff members provide this service in the person's home and in the local community.

## Group Day Habilitation Program

The Group Day Habilitation Program provides services to individuals with developmental disabilities within a caring and compassionate learning environment. Through natural supports and community resources the program includes purposeful and meaningful activities that are customized to meet the unique needs of each individual. The program provides a diversified environment where individuals can participate in small groups to achieve their goals toward independence, acquisition of daily living skills, travel training, appropriate behavior/development of social skills, job skills, volunteerism, leisure skills, self-advocacy, money skills, informed choice and more.



## Concept/Statement

Saint Dominic's Family Services utilizes a "person-centered approach" throughout all programs to provide the highest standard of customized services to each individual in order for them to fulfill their life journey.

The management and staff work with families and individuals to develop a plan of care that will best facilitate learning, growth, and independence at varying levels and with personal choices. Thus, putting the individuals first and at the center of developing their own life plan.